

Menu: Week 2



Commencing:

6/11/2017

7/11/2017

8/11/2017

9/11/2017

10/11/2017

11/11/2017

12/11/2017

6/11/2017	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							Brunch
Cereals, etc.	Selection of cereals, light & full fat milk, high fibre breads, and spreads						
Options	Scrambled Eggs Baked Beans Fruit Yoghurt	Breakfast Sausages Spaghetti Fresh Fruit Salad	Poached Eggs Baked Beans & Porridge	Scrambled Eggs Garlic Mushrooms Baked Beans	Hash Browns Baked Beans Porridge	Poached Eggs Smokey bacon Baked Beans	Brunch
Lunch							House Rations
Main	Peri Peri Chicken Fillet	Spaghetti Carbonara with Smoked Bacon & Mushroom	Authentic Butter Chicken & Pilau Rice	Texas BBQ Pork Rib Rolls	Sausage Roll & French Fries	Spicy Chicken & Chorizo Pasta	Brunch
Soup	Thai Roast Pumpkin & Coconut Broth	Mrs Warner's Chicken Broth	Smokey Pea & Ham Chowder	Spicy Tomato & Chilli Soup	Cream of Leek & Potato		
Vegetarian	Vegetable & Herb Crepe with Chive Sour Cream	Vegetable & Mixed Bean Chilli with Rice	Kumara Fritters with Tomato & Basil Salsa	Chickpea & Cajun Vegetable Croquettes	Vegetable Pastry Roll		
Salad of the Day	Classic Greek Salad with Feta & Olives	Classic Caesar Salad	Bistro Leaves with Balsamic Dressing	Tomato, Olive & Parmesan with Basil Oil	Mediterranean Spiced Tabbouleh		
Fruit	Selection of seasonal fresh fruits						
Dinner							
Main	Braised Beef with Kumara	Asian BBQ Chicken	Corned Beef Silverside with Mustard Sauce	Tuscan Whole Roast Chicken	Lamb & Rosemary Meatballs with Arrabiata Sauce	Homemade Beef & Vegetable Pie	Roast Breast of Turkey with Cranberry Stuffing & Roast Jus
Potato / Starch	Dauphinoise Potatoes	Steamed jasmine Rice	Parsley Creamed Potatoes	Gourmet Potatoes	Spaghetti Pasta	Cajun Roast Potatoes	Minted New Potatoes
Potato / Starch	Selection of three seasonal vegetables						
Dessert	Vanilla & Peach Melba Dessert	Sticky Date Pudding with Butterscotch & Ice Cream	Apple & Raspberry Crumble with Custard	Fresh Fruit Salad & Berry Yoghurt	Double Chocolate Mousse	Mixed Fruit Ambrosia	Chocolate & Vanilla Pancakes with Fruit Compote