Under the Surface

“St Paul’s swimming club, making swimmers understand that impossible can be possible”

Mission Statement

“SPC exists to promote and encourage swimming at all levels, while maintaining a competitive atmosphere. We aim to support competitive swimming, by teaching, coaching and training all of the club’s swimmers. Swimming aims will be promoted to the highest achievable level, striving for Local, Regional and National recognition.”

Head Coach
Graham Smith

Thank you to all our Club Sponsors

COME AND SEE US IN ACTION

Simply come down to St Paul’s Collegiate School, follow the directions to the pool and see the SPC team in full swing.

CONTACT US NOW AT
0274 906 856 or g.smith@stpauls.school.nz

VISIT OUR WEBSITE
www.spcwk.teamapp.com/ or www.stpauls.school.nz

FACEBOOK PAGE
St Paul’s Swimming Club

77 Hukanui Rd, Chartwell, Hamilton, Waikato
(07) 957 8899 www.stpauls.school.nz
“Excellence is the gradual result of always striving to do better”

VALUES OF THE CLUB
The values of St Paul’s swimming club are.
- Respect – yourself, your team.
- Self-control – both in winning and losing
- Responsibility – learning to stand up when right and wrong
- Attitude – creating a positive mind set at all times
- Honesty – to both yourself and your teammates
- Courage – the willingness to accept risk and endure failure
- Perseverance – the backbone of success in any endeavour in life

SWIMMER PATHWAY
LEARN TO SWIM - Red, Blue (2x30mins) Mon to Fri
Red - 5 years and water confident learning basic freestyle with breathing, backstroke and diving
Blue - Freestyle with breathing, basic backstroke and breaststroke, diving and butterfly
Timetable - Term one & four:
4.30pm, 5pm & 5.30pm.
Term two & three:
4pm, 4.30pm & 5:00pm
Contact Vicki v.taylor@stpauls.school.nz

SWIMMER PATHWAY
JUNIOR COACHING:- Bronze, Silver, Gold (2x45mins) Mon to Fri
Bronze - Swimmers should be competent in freestyle, breathing bilaterally, competent backstroke, breaststroke and basic butterfly, and can swim 25 metres in each stroke.
Silver - Working on technique in all four strokes, able to swim 50 meters competently, working on dives and turns.
Gold - Refining technique in all strokes and competently swimming 100 meters.
Timetable - Term one & four: 4.30pm or 5.15pm
Term two & three: 4:00pm or 4.45pm
TRAINING SQUADS:
Junior Development to National Development Gold
Contact- Graham at g.smith@stpauls.school.nz or Mobile: 0274 906 856
for squad training times and further information.

WHO WE ARE
St Paul’s Swimming Club is a non-profit organisation that is based at St Paul’s Collegiate School in Hamilton. The club is run by our head coach Graham Smith who is supported by a committee of volunteers and a team of passionate coaches. Together they aim to inspire each member of St Paul’s swimming club to achieve their individual goals and aspirations from learning to swim to international teams. The club offers learn to swim lessons to squad programs for all levels of swimmers.

CLUB NIGHTS
During the summer months the club will hold club night, which is an opportunity for you to practice your racing and to better your times, it is also an opportunity to learn how to swim at competitions. The club night is about having fun so please attend. It is there for your benefit.

TO GET STARTED
Contact Vicki Taylor at v.taylor@stpauls.school.nz for a FREE ASSESSMENT

We are constantly on the lookout for parental assistance either on the Committee or with things like, supporting fundraising, timekeeping, helping with refreshments. So if you are prepared to offer any help talk to one of our coaches or a committee member.

HELP
We offer a wide variety of services from learn to swim, fitness groups, non-competitive squads and competitive training squads.

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